

# Understanding your health just got easier



Watch your Emmi program today!

## What is Emmi?

Emmi® is a series of free, animated online programs that walk you through important information about a health topic, condition or procedure.

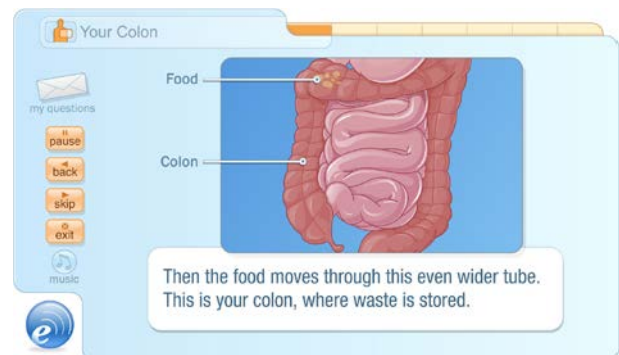
## Learn More About Your Health

Emmi programs simplify complex medical information and help support the critical conversations you are already having with your health care provider. Emmi programs help to answer your questions and make you feel more at ease. You are the most important member of your health care team, so you should have all the information you need.

## What to Expect

Using Emmi programs is really easy. Your healthcare provider will issue you programs related to your diagnosis or procedure. You and your family and friends may watch these programs as many times as you like during the assigned time. If you have any questions, please talk with your health care provider.

## Screenshot of an Emmi program



© 2013 Emmi Solutions, LLC *Colonoscopy* program

## What HSHS Patients Are Saying:

"I think it was very helpful. Helps to put my mind at ease. Much easier than on a piece of paper or verbally. Most often we only hear a small percentage of what is told to us in the office or over the phone. This was perfect, because if I had any concerns, I can re-watch or print it out."

"Helpful. Concise, which is good, but a good basic summary. I learned some new things watching it!"

## Ready to view your Emmi Program?

You will receive an email or phone call with your Emmi program instructions in the next few days.

Need Help? Email: [support@emmisolutions.com](mailto:support@emmisolutions.com)  
Call: 866.294.3664

